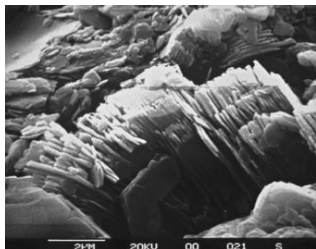


## What is Bentonite Clay?

Bentonite clay is volcanic ash, the core of Mother Earth with all the impurities burned out from the tremendous heat of a volcanic eruption. The clay particle is made up of 60-80 trace minerals, fused together by heat and charged with a powerful electromagnetic energy and a strong negative ionic charge.

Smectite clays (Bentonites and Montmorillonites) are 2:1 layer clays that expand and have the largest surface area and the highest Cation Exchange Capacity. Referred to as being alive or a living earth, it is one capable of change through balancing, transforming, stimulating and the interactive exchanging of elements and energy. As a catalyst, it provides activation energy to the body. It balances detoxes, stimulates and alkalizes.



**High Powered  
Microscopic Clay  
Platelets**

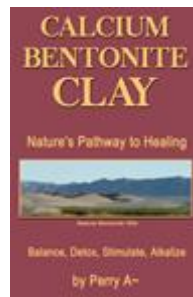
Green Smectite clays such as Calcium Bentonites that expand and swell have superior absorption and adsorption properties and are clearly the best choice for use with the human digestive system.

This brochure and the BentoniteClayInfo.com website are owned and maintained by Perry A~ Arledge, the author of *Calcium Bentonite Clay Nature's Pathway to Healing*. The website contains usage and mixing directions, testimonials, articles, archived teleseminar recordings, radio interviews, videos, a blog, yahoo chat group, Facebook and Twitter pages. This information should not be used to treat a serious ailment without prior consultation with a qualified health-care professional.

**Perry A~ may be contacted to answer questions or consult at [perrya@austin.rr.com](mailto:perrya@austin.rr.com), 512-773-0335 or 512-262-7187.**

## Recommended Reading

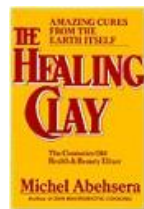
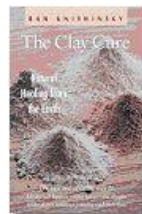
BentoniteClayInfo.com recommends the following books for more information on using clay:



Calcium Bentonite Clay, Nature's Pathway to Healing by Perry A~

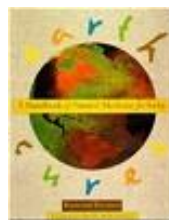
[www.TheClayBook.com](http://www.TheClayBook.com)

The Clay Cure by Ran Knishinsky



The Healing Clay by Michel Abeshera

Earth Cures by Raymond Dextreit



In addition to our Yahoo email group, you can also find us on:



**Facebook**



**Twitter**

**[www.BentoniteClayInfo.com](http://www.BentoniteClayInfo.com)**

# BENTONITE CLAY INFO

*A website dedicated to educating the public about the many benefits of using Calcium Bentonite Clay*

**From preventing the proliferation of pathogenic germs and parasites to aiding with the rebuilding of healthy tissues and cells - Clay is a 'living' cure.**

**BentoniteClayInfo.com**  
**[Info@BentoniteClayInfo.com](mailto:Info@BentoniteClayInfo.com)**

## External Uses of Calcium Bentonite Clay:



Calcium Bentonite Clay is used by some of the most exclusive Spas & Resorts in the world. There is no finer or more effective Clay for facial treatments, full body wraps and clay baths. In addition it is used topically for:

- Detoxification of heavy metals stored in body tissues
- Poison Ivy, Oak and Shingles
- Eczema, Psoriasis and skin rashes
- Wart removal
- Toenail fungus
- Insect bites –wasps, spiders, scorpions, bees, fire ants
- Jammed joints
- Sprains and strained muscles
- Cuts, bruises and abrasion healing
- To stop severe bleeding – Powder Clay
- Pull out infection and gangrene from a wound or sore
- Cradle cap and diaper rash
- Shingles
- Acne reduction
- Arthritis
- Radiation exposure
- Burns and chemical burns

Full body application with 10-15 minutes in a Far Infrared Sauna, followed by a clay bath will detox heavy metals from the soft tissues of the body. Clay baths will also relieve sore stressed muscles in minutes.

## Internal Uses of Calcium Bentonite Clay:

Using a clean, natural, pure, contaminant-free Calcium Bentonite Clay internally can be advantageous for general health. Suggested internal daily dosage is 2-4 ounces of the premixed liquid. Traditionally, eating 1 teaspoon of hydrated clay will achieve the same benefits. Some internal uses of Calcium Bentonite Clay are:

- Detoxification of the digestive system
- Bacterial food poisoning, organic and non-organic toxicity removal
- Removal of heavy metals and recovery from chemical therapies and radiation
- Elimination of internal parasites (digestive tracts)
- Improved immune system function
- Increases absorption of vitamins and nutrients
- Liver Detoxification
- Neutralizes stomach ailments from ulcers and Acid Reflux
- Alkalizing agent in the body - balances pH
- Fixes free oxygen in the blood stream
- Increases T-cell count
- Reduction of free radical damage
- To cleanse and detox the colon
- Stimulates latent cell energy

Note: The BentoniteClayInfo.com website and this brochure are intended for use as informational guides. The information herein is meant to supplement and not to be a substitute for professional medical care or treatment. This information should not be used to treat a serious ailment without prior consultation with a qualified health-care professional.

## How to Identify Safe Clay for Internal Use:

KNOW YOUR CLAY! All clays are different and the configuration of the trace minerals are used to distinguish clay uses. Most clays are used for industrial uses and therefore are not a pure quality. The bottom line is this, when searching for a good, safe clay for internal use, it's best to look for the following:

- A natural Calcium Bentonite Clay, pure and free of contaminants
- A clay with an 8.5 or higher pH
- An analysis of the clay minerals available from the manufacturer
- A Smectite/Montmorillonite Clay
- An all natural vs. processed clay
- A clay that both adsorbs and absorbs
- Professional packaging (no Ziploc bags or hand-written labels) with labels showing directions and ingredients
- A clay that is non-gritty, milled at least to a 325 screen mesh
- A clay from a vein or deposit protected from the elements
- A reliable company that provides contact information, is available to answer questions, and has been in business for several years
- A clay that does not stain material

Green swelling clays have long been known for their superior healing qualities.



**[BentoniteClayInfo.com](http://BentoniteClayInfo.com)**