

Katie fell on Feb 10/2018 and spiral fractured her tibia on her right leg. Dr. performed surgery on the 10th and put a rod in from her knee to her ankle. She was told no weight bearing on that leg for 8 weeks and sent her home with pain management medication.

Prior to the clay her pain was a 10/10 and now with the clay she says she has no pain as long as the leg is elevated and has the clay on it.

Feb 16/2018 we wrapped it in clay at 4pm. within the hour the throbbing stopped and the pain was gone as long as she had the leg elevated. She was able to stop taking the pain medication until 2am.

We will change the clay every 12 hours and picture document as this goes along.

Today is 48 hours after we started the clay and the swelling is just about gone and the bruising is coming to the surface.

The exciting part is pain management has gone from 12 oxycodones a day to 2. The medication only backed the pain off slightly and made her so stoned she went to sleep. It is healing fast now.

Katie M. via Marg L.





*day 1*



*day 2*

